

Master Vince Cohen "Sensei"

Founder of XF Martial Arts, has been doing martial arts for over 28 years in the Boca Raton, Delray Beach, and Coral Springs areas. He is a 5th degree black belt in Jhoon Rhee Tae Kwon Do and Fred Davis American Freestyle Karate. He is an 8-time triple crown Martial Arts champion in forms, weapons, and fighting. Also, Master Cohen has over 10 grand championships and has performed on demonstration teams all over the country. He has appeared on ESPN numerous amounts of times during his career. He has taught students of all ages for over 15 years and brings an intense and fun work ethic like no other to all his classes. He also has experience in boxing/kickboxing and has fought in few amateur boxing/kickboxing matches going undefeated. He is a great role model for students, and his caring personality, big heart, and positive motivation makes him one of the best in South Florida.

Annual registration fee is \$60 per individual or \$95 per family due every September 1st.

There are testing fees for all belt levels

To ensure safety, gear and weapons may only be purchased from XF Martial Arts.

Program details:

3, 6, and 12 week programs are available.

The longer the length of the program, the greater the tuition savings.

Missed classes may be made up before program expiration date.

Terms and Conditions are subject to change.

XFMARTIALARTS.COM • 561-276-1774

## CLASS SCHEDULE

## **TUESDAYS**

★ 3:30 PM
Mini Champs ages 4-6 yrs old

★ 4:30 PM
Junior Champs ages 7-12 yrs old



To build true confidence through knowledge in the mind, honesty in the heart, and strength in the body.

To keep friendship with one another and to build a strong and happy community.

Never (fight to achieve selfish ends, but to develop *Might for Right*.